

Actif Epica 114 km

	Turn	Notes	Km	Miles
	Start	Trail along dike		
↑	Straight	Across hwy	0.5	0.3
↑	Straight	Across hwy	0.9	0.6
←	Left	Turn Left onto Parenteau St	1.8	1.1
→	Right	Turn right onto Jolys Ave E	2.0	1.2
→	Right	Turn right onto Padoue Rd	2.6	1.6
←	Left	Turn left onto Guenette Rd	5.6	3.5
↑	Straight	Trail on left at end of road (Crow Wing Trail)	6.0	3.7

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→	Right	Turn right onto road at powerline	7.3	4.5
↑	Straight	Continue onto trail at bend in road.	9.7	6.0
→	Right	Turn right Rd 25 N	12.2	7.6
←	Left	Turn left (field crossing)	13.8	8.6
←	Left	Turn left onto Road 24 N	15.4	9.6
→	Right	Turn right Crow Wing Trail	17.5	10.9
↑	Straight	Continue onto Goulet Road	19.0	11.8
→	Right	Turn right onto Lakeshore Drive	20.4	12.7
Slight Right		Down boat ramp onto lake	23.4	14.6

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→	Right	Follow lake path to beach (stay on lake)		
		Off lake at beach toward park exit	25.3	15.7
←	Left	Turn left onto De La Grotte Ave	25.4	15.8
	U-turn	Turn around at hwy 59 (Co-op Gas Bar)	26.4	16.4
→	Right	Across beach onto lake	27.3	17.0
→	Right	Follow lake path to boat ramp	29.2	18.1
→	Right	Up ramp to Lakeshore Drive	29.3	18.2
↑	Straight	Straight onto Lakeshore Drive		
→	Right	Turn right Rd 23 N	32.3	20.1

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←	Left	Turn left Rd 25 E	34.0	21.1
←	Left	Turn left Rd 26 N	38.9	24.2
→	Right	Turn right Rd 24 E	40.6	25.2
→	Right	Turn right onto Perreault Rd	43.8	27.2
←	Left	Turn Left onto Crow Wing Trail	45.5	28.3
→	Right	Turn right onto Neveux Rd	47.2	29.3
←	Left	Turn left onto Jolys Ave E	50.1	31.2
→	Right	Turn right onto Rue Tessier (park entrance)	51.4	31.9
→	Right	Turn right follow park trail		

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←	Left	Left at parking lot.		
→	Right	Turn right onto Hebert Av.	51.7	32.1
↑	Straight	Across hwy onto Rue Joubert	51.9	32.3
		Checkpoint St. Pierre-Jolys Sugar Shack	52.0	32.3
←	Left	Left onto Rue Joubert leaving checkpoint		
←	Left	Turn left onto River Oak Road	56.9	35.3
→	Right	Turn right onto Rd 19 E	58.3	36.2
→	Right	Turn right onto Main St (paved rd)	60.9	37.8
←	Left	Turn left onto Poirier Rd	61.8	38.4

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←	Left	Turn left onto Rd 16 E	65.8	40.9
→	Right	Turn right onto Alarie Rd	67.9	42.2
←	Left	Turn left onto Levesque Rd	68.1	42.3
→	Right	Turn right onto Loeppky Rd	69.8	43.4
←	Left	Turn left onto Wallace Rd	71.4	44.4
→	Right	Turn right onto Crown Valley Rd	76.4	47.5
←	Left	Turn left (parking lot entrance)	78.6	48.9
		Follow trail through park		
←	Left	Turn left onto 4 St S	79.5	49.4

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→	Right	Turn right onto 2 Ave S	79.7	49.5
←	Left	Turn left onto 2 St S	80.2	49.8
→	Right	Turn right onto Heritage Trail	80.4	50.0
↑	Straight	Across hwy to path along Main St		
←	Left	Turn left onto path along Main St	80.6	50.1
→	Right	Turn right onto Arena Rd	80.7	50.2
↑	Straight	Stay on Arena Rd (past outdoor rink)	81.0	50.3
		Checkpoint Niverville Curling Club		
→	Right	Turn right onto Center St (in front of school)	81.2	50.5

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←	Left	Turn left onto Mulberry Ave.	81.4	50.6
↑	Straight	Across hwy at cross walk	81.6	50.7
→	Right	Turn right onto service rd	81.7	50.8
←	Left	Turn left onto Krahn Road	81.9	50.9
↑	Straight	Stay on Krahn Rd (through baricade)	82.9	51.5
→	Right	Turn right onto Crown Valley Rd	83.5	51.9
←	Left	Turn left onto Crow Wing Trail (edge of field)	88.6	55.1
←	Left	Turn left onto Fontaine Rd	89.1	55.4
↑	Straight	Continue onto trail at end of road.	89.8	55.8

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←	Left	Trail turns left	91.0	
→	Right	Turn right onto Crystal Spring Rd	92.4	57.4
←	Left	Turn left onto Alarie Rd	97.5	60.6
→	Right	Turn right onto Crystal Spring Dr	98.0	60.9
		Checkpoint (south side of building on left)	99.0	61.5
		Across yard leaving checkpoint.		
←	Left	Turn left at end of shop (parked bus)	99.2	61.7
→	Right	Turn right onto trail follow trail	99.3	61.7
→	Right	Turn right onto 16E	101.0	62.8

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→	Right	Turn right onto Poirier Rd	101.4	63.0
→	Right	Turn right onto Main St	104.9	65.2
←	Left	Turn left onto Martin Jerome Dr	105.9	65.8
←	Left	Turn left onto River Oak Road	108.4	67.4
→	Right	Turn right onto Rat River Road	109.8	68.3
	Finish	Finish St. Pierre - Sugar Shack	114.6	71.2